



JPA connect
johnstown parents' association



Weaving Wellbeing

Fiona Forman

JPA AGM

Venue: Johnstown Girls' School
Date: Tuesday 24th September 2019
Time: 7.30 pm

Helping Children to Manage Stress and Strong Emotions

Johnstown Parents' Association are delighted to inform you that we have organised for Fiona Forman author of '**Weaving Well-being**' to speak to parents at our next Annual General Meeting.

Fiona is a regular media contributor on children's well-being and has spoken on this subject at conferences at both national and international level. Fiona is passionate about the mental health and well-being of children and in helping them to achieve their true potential. Fiona has designed and implemented a well-being programme which has received immense positive feedback. She has delivered talks to parents and teachers on Positive Psychology, and its application to education. For further information: <http://weavingwellbeing.com>

As this event is sponsored by the JPA and supported by the schools we hope it will be well attended by parents/guardians. To book your place, please e-mail jpaconnect@gmail.com.

If you have any suggestions for future talks/ training programmes, please e-mail JPA connect jpaconnect@gmail.com or contact us through our website, www.jpconnect.com.

We would love to hear from you!